

Meeting on non-communicable diseases
Challenges and opportunities for integration of chronic care

8 October 2015 - Aula Janssen, Institute of Tropical Medicine, Antwerp

In most countries in the South, the epidemiological and nutritional transitions are leading to a high unmet burden of non-communicable diseases (NCD). Major improvements are needed to develop comprehensive policies, increase the coverage and quality of NCD programmes, and to promote patient autonomy and self-management.

The Belgian Policy Note *The right to Health and Health Care* is in the process of being revised, and it is foreseen that non-communicable diseases will for the first time be discussed in the Note. In response to a request of the Directorate-General for Development Cooperation and Humanitarian Aid, we organise a meeting that aims at providing an opportunity to discuss current challenges and opportunities regarding NCD in low- and middle-income countries (LMIC) in general and as related to the Belgian cooperation policy more specifically.

The one-day meeting is organised by the *Cluster Lifelong conditions* and the Strategic Network Health Systems of the Institute of Tropical Medicine (ITM), the Be-cause health working group Chronic non-communicable diseases and the Institut de recherche santé et société, Université Catholique de Louvain. It will take place at the ITM in Antwerp on 8 October 2015.

Objectives

The main objective of this meeting is to bring together policymakers and experts in the field of policymaking, programmes and health care for people living with a non-communicable disease from LMIC and Belgium. We aim at contributing to a better understanding of challenges and the existing strategies for control in low-and middle-income countries by creating opportunities for presentation, exchange and discussion. To this end, we would like to facilitate discussions of the current NCD situation in LMIC, which service deliver platforms are needed and why policies and programmes fail or succeed. Cardiovascular diseases, diabetes and mental health problems will be entry points to the discussion.

Main themes

Session 1. Non-communicable diseases, a situation analysis

This session will introduce the main non communicable diseases, the epidemiological transition and its impact. It will then focus on mental health and on diabetes and hypertension in Bukavu, RDC.

Session 2. Effective delivery platforms for responsive care

This session addresses the issues related to service delivery platforms required to provide responsive care, promote healthy lifestyles, carry out prevention, and facilitate self-care at health facility and community-level. Innovative mental health services developed in Guinée will be presented, as well the lessons learned from a first line diabetes programme from the Phillipines. The session ends with a case of NCD research in Belgium.

Session 3. NCD policies and programmes

This session will move from chronic care models to NCD policy and programmes, including for diabetes.

Session 4. Closing discussion on the consequences for the DGD policy note

The day's programme ends with time for questions and discussion, during which the consequences for the DGD policy note will be explored.

Programme

9h00	Registration Registration & coffee (Venue: Aula Janssen, ITM)	
09h30-09h45	Welcome & opening <ul style="list-style-type: none"> • Bruno Gryseels (Director ITM): Opening of workshop • Jessica Martini (ULB/Be-cause health): Introduction, objectives and definitions 	
09h45-11h00	Session 1. Non-communicable diseases, a situation analysis <ul style="list-style-type: none"> • Yves Kluyskens (Memisa/MSV-AZV/FCIGG): Epidemiological transition and non-communicable diseases • Philippe Katchunga (Université Catholique de Bukavu, RDC/VLIR): Diabetes and hypertension in Bukavu, RDC • Sébastien Theunissen: Mental health • Q&A 	Moderator: Jessica Martini
11h00-11h30	Break	
11h30-13h00	Session 2. Effective delivery platforms for responsive care <ul style="list-style-type: none"> • Abdoulaye Sow (Fraternité Médicale Guinée, ESP-ULB/ITM): integration of mental health services at the first line in Guinée-Conackry • Grace Marie Ku (Institute of Health Policy & Development Studies, National Institutes of Health, Philippines): the First Line Diabetes Care (FiLDCare) Project: lessons learned • Jean Macq: NCDs in Belgium: the South-North link • Discussion 	Moderators: Paul De Munck and Josefien van Olmen
13h00-14h00	Lunch	Karibu
14h00-15h30	Session 3. NCD policies & programmes <ul style="list-style-type: none"> • Ama de-Graft Aikins (Regional Institute for Population Studies, University of Ghana) • Kristien Van Acker (International Diabetes Federation) • Jeroen De Man (ITM): Chronic care models: evolution in the approach to chronic diseases • Discussion 	Moderator: Jean Macq and Sebastien Theunissen
15h30-16h00	Break	
16h00-17h00	Session 4. Closing discussion on consequences for DGD policy	Moderator: Geert Laleman