

Scaling digital solution for healthcare access  
Telemedicine enabled by smart glasses:  
creating access to affordable, quality healthcare in underserved areas  
in Democratic Republic of the Congo

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Scientific article

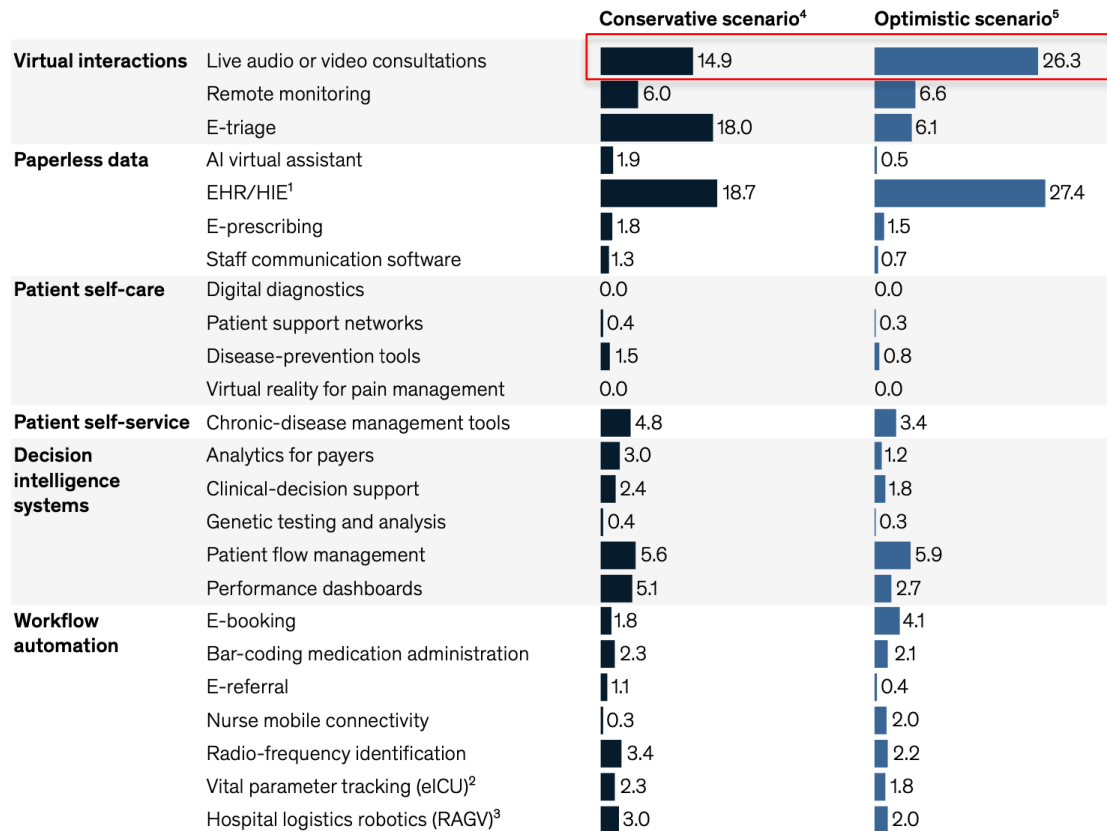
Telemedicine Leveraged by Smart Glasses to Improve Primary Healthcare Services in a Remote Rural District, Kingandu, DRC, 2019–2020

Global Health Action · May 19, 2021

<https://www.tandfonline.com/doi/full/10.1080/16549716.2021.2004729>

# Potential efficiency gains (\*)

Share of total savings from digital adoption in South Africa, 2030, %



# Making a successful, industrial tech innovation available and affordable for the under-served



- Smart safety glass (Assisted Reality)
- Launched June 2017 in CA, USA
- First to leverage the mobile phone



reddot design award  
winner 2018



- Making high quality health care accessible and affordable
- Providing remote, on the job training
- Supporting remote maintenance of medical & other equipment
- ...



# Smart Glasses

## specific features



# The Challenge

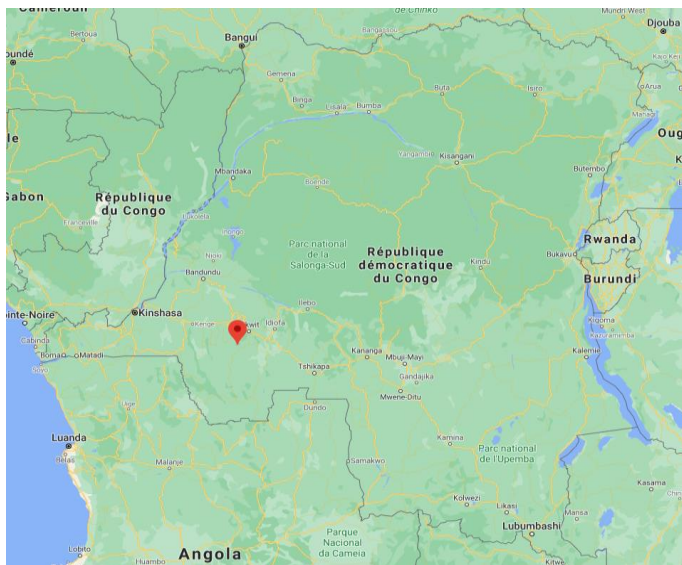
## No access to affordable, quality healthcare (SDG3)

- 57 countries, 36 of them in sub-Saharan Africa, face a 'critical shortage', mainly in primary healthcare
- DRC in particular is witnessing a very complex and long standing health and humanitarian crises.
  - About 13 mio people in dire need of assistance
  - less than 1 physician per 10.000 people
  - about 1 district hospital and 15 rural health centers per 200.000 people

## Skill shortage

The WHO estimates a projected shortfall of 18 million health workers by 2030, mostly in low- and lower-middle income countries

# The setting



1 Rural District hospital (Kingandu) with 3 general physicians  
18 rural health centers in primary health care  
Pilot in District hospital and 3 rural health centers: Sondji, Kimbimbi, Katenda  
(33 Villages with 20.483 peoples)

# Telemedicine in rural area: a multi-stakeholder approach



## Partners



**INSTITUTE  
OF TROPICAL  
MEDICINE  
ANTWERP**

# Telemedicine solution: 4 components

## Technical Solutions

- Smart glasses: a tool for the nurse
  - Connectivity (VSATs)

+

## Processes

- Communication flow
  - Medical protocols
- Data collecting with DHIS2 capture

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## Infrastructure

- Emergency motorcycle
- Rapid Diagnostics Tests

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## People

- Sensitization of villagers
- Nurse – doctor relation



# The impact: some numbers

- Context: 629 teleconsultations
  - 1 out of 10 visits applies tele-consultation.
  - 39% of tele-consultations lead to referral to the district hospital
  - 30% of referrals are emergency cases
- Better patient outcomes: 63 lives saved - 209 lives improved
  - Income of RHC increased by 45%
  - Much improved referral system: 92% arrivals instead of 70 to 75%

# The impact: qualitative

- More robust (and efficient) healthcare system
  - Major improvement in relation between health district and health centres. Both ways.
  - Up-skilling health centre staff, both on clinical and technical medical skills
  - Improved data collection (digital)
- Improved convenience and access to care for underserved population
  - Increased confidence of population
  - More people visiting the health centres

# Learnings

- **Patient journey**: additional tools and equipment needed to enable local healthcare workers to take appropriate action after diagnosis (e.g. motor cycle for emergency referrals)
- **Enlarged health care service**: introduction of additional, more sophisticated tools, such as Rapid Diagnostic Tests, enhancing the quality of care delivered
- **Incentives**: Alignment of telemedicine solution with income incentives of healthcare staff is crucial
- **Trust**: involvement of local community and community officials is critical
- **Only one piece of the puzzle**: The tech solution (smart glasses, telecommunication) is a critical lever, but should be firmly embedded in a larger, patient centric solution.
- **Cost**: The initial investment cost is important, but operating cost is very acceptable under the condition that telecommunication costs are low. VSAT communication, unless subsidized, is not affordable


# Some other applications



tele-consultation in mental healthcare in the context of Covid 19 for health centres and district hospitals in Mali



Pilot on Primary Healthcare in Karnataka




To provide smooth and effective technical guidance and support from Japan on infectious disease control and other research fields, to researchers in Ghana and Zambia performing laboratory work

Use of Iristick smart glasses in DRC to support front line healthcare workers in rural areas



Technical and logistics support in CAR and other countries



Remote support for 3D printed, low cost, high quality prosthetics in Kinshasa, DRC